

**Stopsley Striders Stopsley Steppers**

**Walking Group Every month on the Social Night.**

 **7.20pm, Meet at Inspire,** **£1.50**

**Join us for a 2.5 mile walk**

**On flat, lit paths. We’ll be back in time for the Social, 8.30pm, Stopsley Working Men’s Club.**

 **If** **you’re injured or just fancy a walk, *please join us,***  **Tail walker, so no one gets left behind. Shorter route optional**  **Everyone Welcome**

**Amanda Rankin & Lizzy Evans**